

Making Change

Stress Is Bad

Proverbs 22:7

I. American Medical Association

- A. Stress is basic cause of more than _____ of all human illness and disease
- B. Stress affects nearly _____ part of the body
- C. The _____ generation reports more stress than older generations

II. Problems with debt & stress

- A. Cannot give to God's work like He _____ – Malachi 3:10
- B. Loose _____ on the future because of the urgent
- Matthew 6:19-21
- C. _____ compounds our stress – Matt. 27:3-5

III. Getting out of debt – Luke 16:10

- A. Pray: "God, please help me with _____"
- B. Pray: "God, please help me _____"
- C. Pray: "God, please help me with a _____"